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Muscle Modeling & Human Tongue Analysis

Mark Carlson, **MSC Software Corporation**

Maureen Stone, **University of Maryland, Dental School**

Reiner Wilhelms-Tricario, **MIT & Haskins Laboratories**

Paul Buscemi, **Restore Medical, Inc.**



Agenda

- Project Overview
- Anatomy & Physiology
- Geometrical Representation
- Finite Element Representation
- Loads & Boundary Conditions
- Materials
- Results
- Model Validation

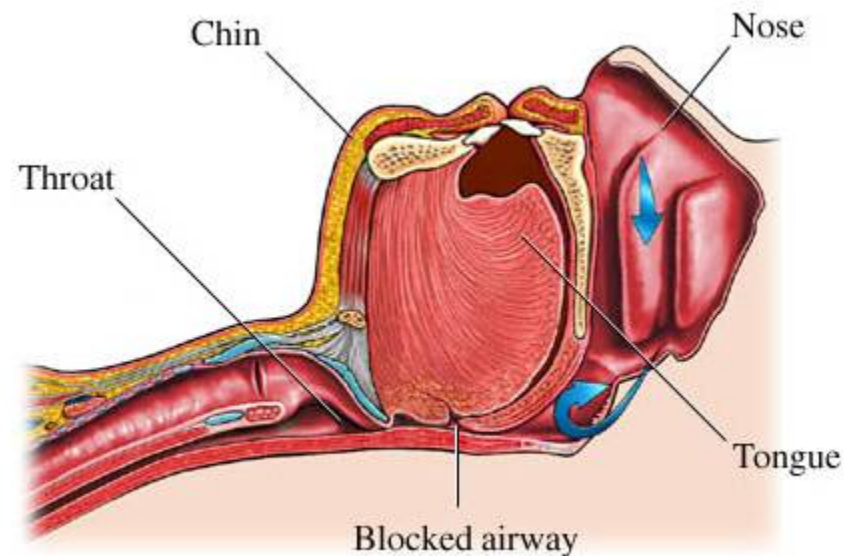
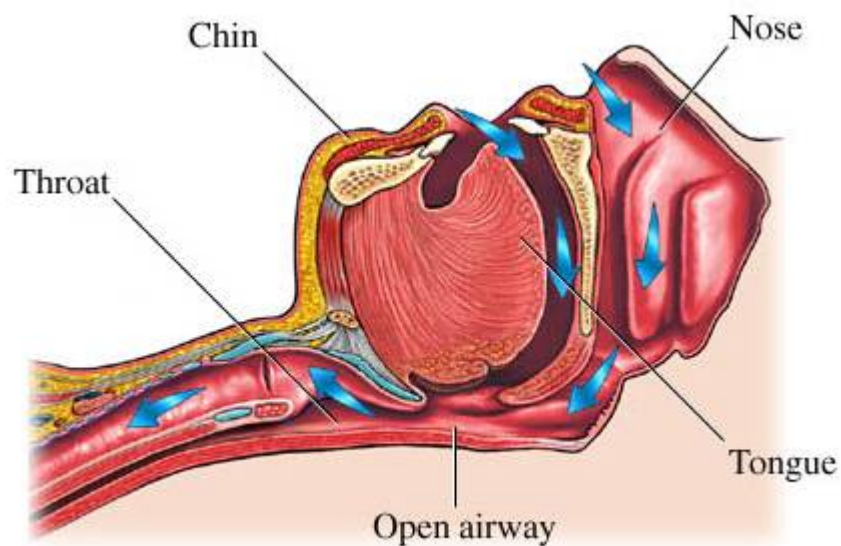
Project Overview

- **Obstructive Sleep Apnea**

- Causes of the Condition
 - Blockage of the airway
 - Primarily occurs when soft tissue in the back of the throat collapses and closes during sleep
- Resulting Effects if Left Untreated
 - High Blood Pressure & Other Cardiovascular Disease
 - Memory Problems, Weight Gain. Impotency, Headaches, Job Impairment, Motor Vehicle Crashes
- Population Risk
 - 12 million Americans are effected
 - Another 2% to 4% of the population estimated to be undiagnosed (6 to 8 million people)
 - Primarily effects overweight males greater than 40 years of age
 - But can strike anyone at any age, including children

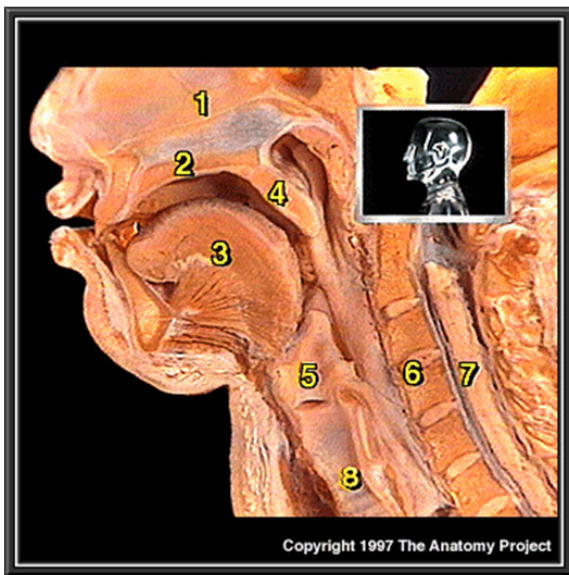
Project Goals

- Use analysis to help understand the causes of the condition
- Optimize the design of the surgical implant
- Minimize deleterious effects to critical tongue functions such as speech and swallowing

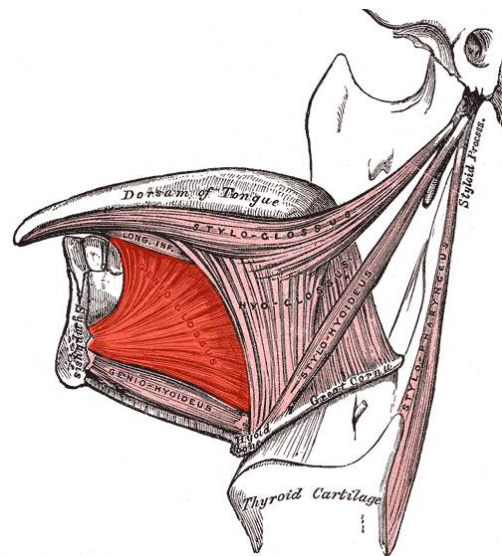
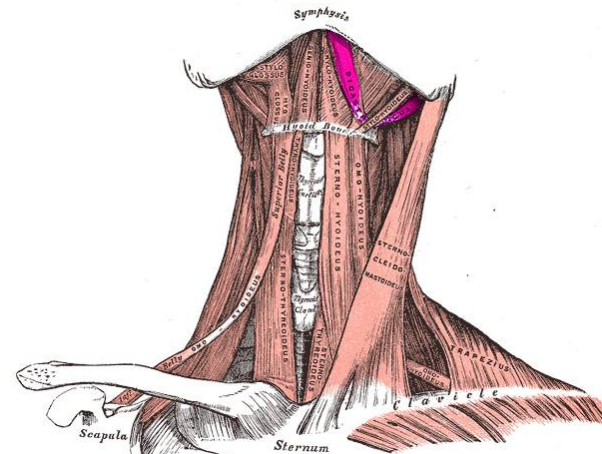


Project Background

- Tongue Anatomy

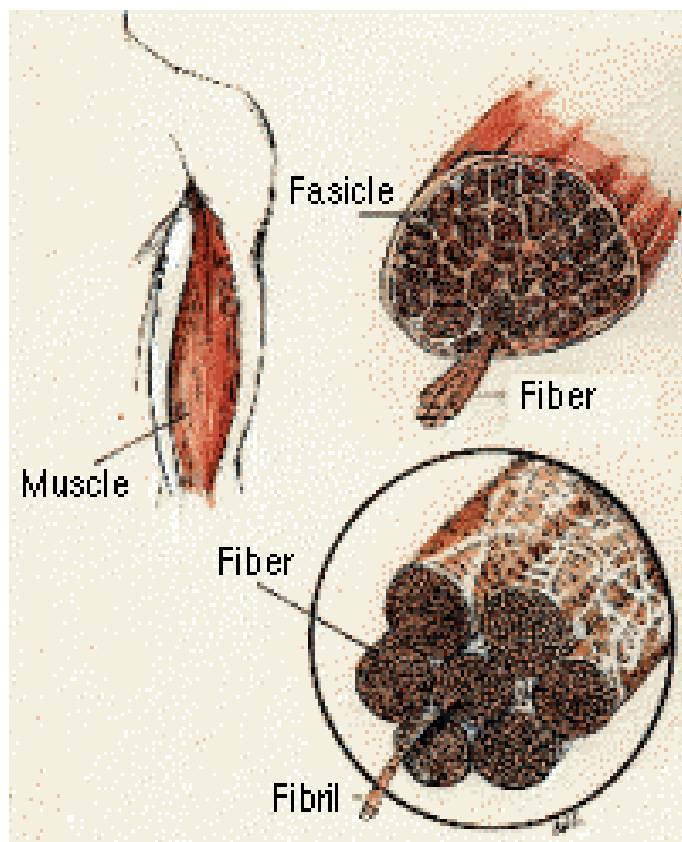


1. Nasal Cavity
2. Hard Palate
3. Tongue
4. Soft Palate
5. Larynx
6. Spinal Column
7. Spinal Cord
8. Trachea



Project Background

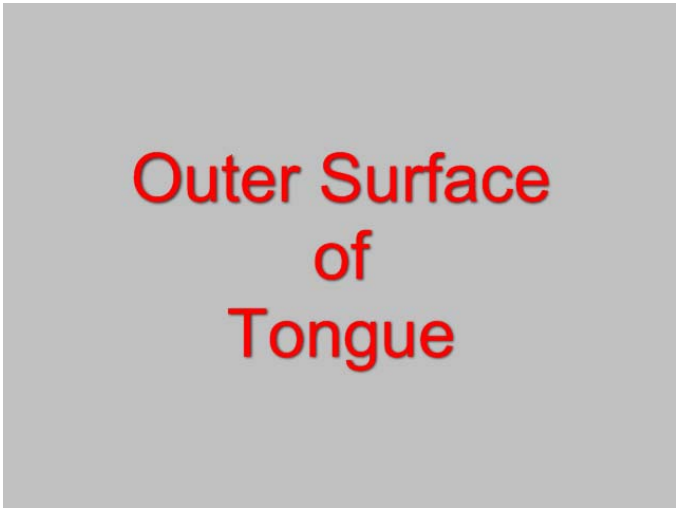
- Muscle Physiology



Geometrical Representation

- Tongue Geometry

- Outer Surface
 - Generated from scanned data
 - Massaged to final shape in Rhino
- Individual Muscles
 - Primarily built by hand in Rhino
 - Manipulated to match representative data pulled from multiple sources



Outer Surface
of
Tongue

Geometrical Representation

- Rigid Skeletal Anatomy

- Skeletal Connections

- Skeletal geometry was created to restrain the model
- Various types of contact were used to represent actual physical behavior as much as possible



Rigid Anatomy

Finite Element Representation

- **Meshing Approach Procedures**

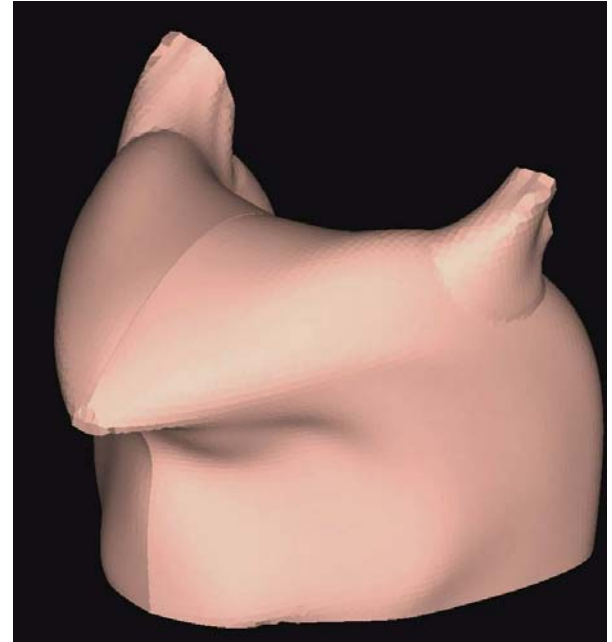
- Performed in Patran
- Geometry Imported from Rhinoceros

- **Outer Surface Volume Mesh**

- Hex Dominant
 - Total Elements: 79,491
 - Hex: 79,151
 - Penta: 340
 - Nodes: 88,107
- Generated within Patran using the Marc Hex Mesher

- **Muscle Element Grouping**

- Dubbed the "LEGO" method
- Muscles built up from elements of the pre-existing volume mesh
- Based on Muscle CAD geometry from Rhino
- PCL code written which finds the elements whose centroid lies within the CAD volume



Loads & Boundary Conditions - Muscle Activation

- **Fiber Block**

- The fiber block is a six sided solid which encloses the more complex muscle geometry and finite elements
- The tri-parametric properties of this block make it ideal for creating representation of the fibers as well as controlling the direction in which they are activated.

- **Surface Divisions**

- The fiber block is split into a user selected number of slices
- These slices retain the parametric properties (now reduced to two directions)

- **Curve Streams**

- Geometric curves are created in the parametric direction corresponding to the muscle fibers

- **Fiber Vectors**

- Vectors are created tangent to the curves.
- These vectors are applied at the centroid of each element in the muscle and used in the formulation which results in muscle activation

Loads & Boundary Conditions - Muscle Activation

- **Spatial Representation**

- Gaussian Based
- Normal Distribution can be applied in all 3 tri-parametric directions (normally referred to as u,v,w directions)
- Nomenclature created that more aptly suited the variety of muscles in the tongue
 - "p" - Primary Direction
 - "s" - Secondary Direction
 - "t" - Tertiary Direction

- **Temporal Representation**

- Marc TABLE's
 - Full activation control from within the Marc deck using standard TABLE inputs
 - Tables evaluated in the subroutine using TABVA2
- Generated within Patran

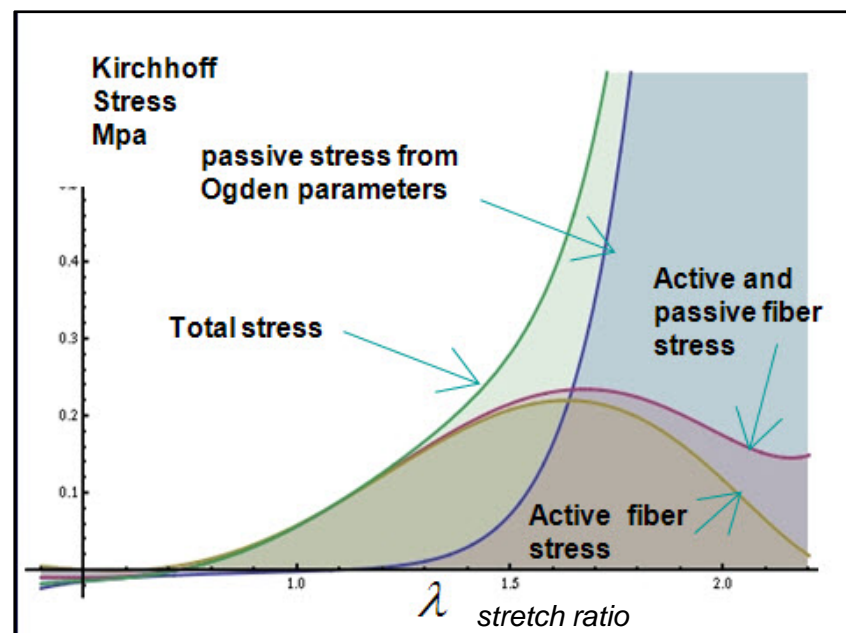
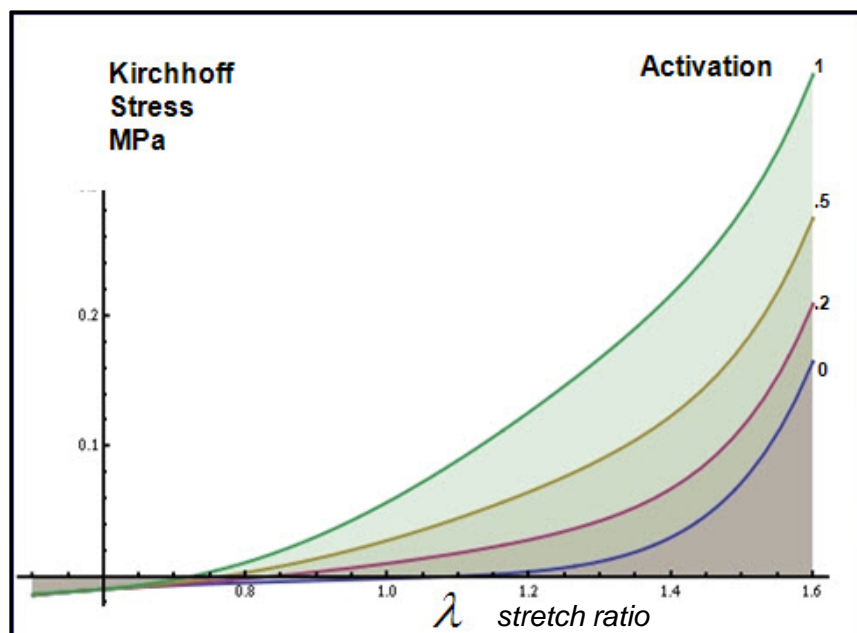
- **Fiber Definition File**

- Established the fiber conditions for each element
- Single elements can be part of multiple muscles (Interdigitation)

Materials

• Constitutive Model Details

- Background & Theory
- User Subroutine



Materials

- **Non-Muscle Elements**

- Standard MARC Ogden Implementation

- **Muscle Element Hyperelastic Model**

- Built on HYPELA2
- Based on Ogden
- Fiber Contributions to the stiffness make for an anisotropic hyperelastic case
- Mathematically based on published works
 - Primarily Blemker and Gielen

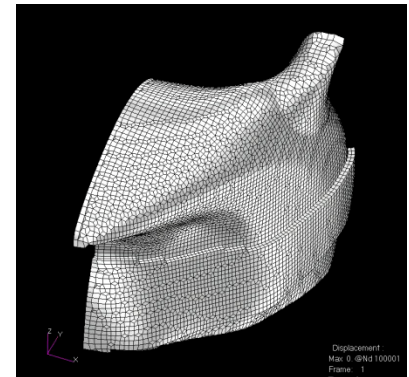
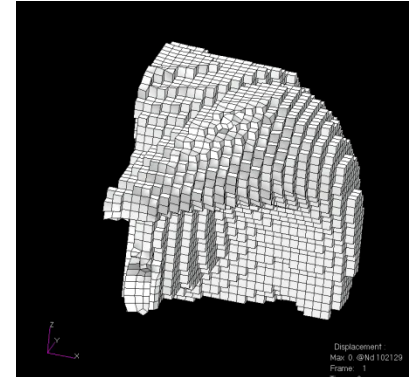
- **Fiber Representation**

- Stiffness contributions are added via a stress in the fiber direction
- Passive Stiffness
 - Small, but necessary to accurately represent non-active muscle elements
- Active Stiffness
 - As fibers contract, the stiffness increases up to a point and then drops

Analysis Visualization Results

– Individual Muscles

- **GG**
 - Major contributor for speech & swallowing
 - Activation swept across the "fan" (the "p" primary direction)
- **HG**
 - Long thin muscle that runs along the far side of the tongue
 - Contracts Vertically
- **T&V**
 - Large mass, highly interdigitated muscles
 - Fibers run in opposite directions
 - T contracts horizontally, V vertically
 - Allows for complex deformation behavior



Spectacular post-processing images and animations by CEI Ensignt

Analysis Visualization Results

– Multiple Muscles

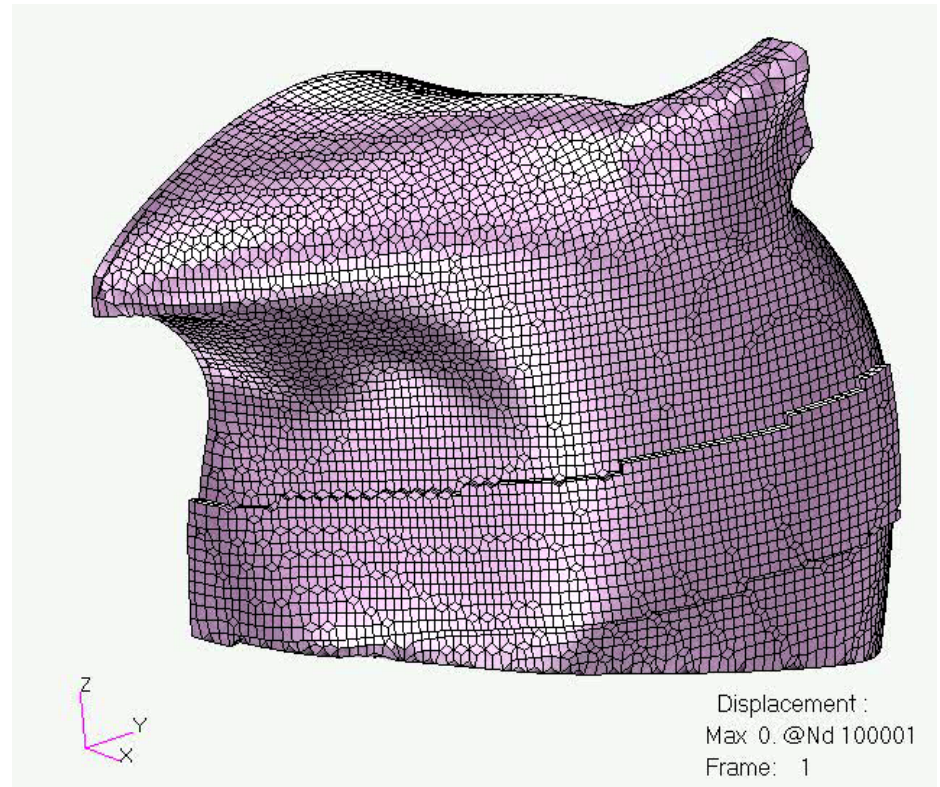
- **Speech Pattern Evaluation**

- This represents one of the evaluations to mimic an /i-u/ speech pattern
- Note the powerful ability to visualize how and when muscles are firing along with a direct and simultaneous evaluation of overall tongue motion

Analysis Visualization Results

– Surgical Implant

- **Implant Design**
 - Gain insight in to the behavior
 - Optimize for multiple conditions
 - Gravity/Air Pressure Closure
 - Speech
 - Swallowing



Model Validation

- **Speech Pattern Analysis**

- Subject repeating two vowel sounds
- /i-u/ or eee-oooh
- Tracking of critical points
- Strains can be estimated by deformation of the squares

- **Swallowing**

- Another critical tongue function
- Understanding surgical impact is imperative
- Ultrasound shows the subjects drinking a glass of water
- Activation pattern generated to mimic the motion of the scan

Contact Details :

- For further information please contact

Mark Carlson
MSC.Software Corporation

4332 Brookside Ave.
Minneapolis, MN 55436-1506

(952) 285-9968
mark.carlson@mscsoftware.com